



Home Learning Overview

2026-2027

[Research](#) over several years in this country and abroad has shown that there is a positive relationship between time spent on home learning and students' overall achievement at secondary school level. The EEF found that for secondary school students, effective and relevant Home Learning can lead to up to 5 months of progress. Home Learning is therefore also set because it not only reinforces classroom learning, but also helps young people to develop skills and attitudes they need for successful lifelong learning. It supports the development of independent learning and metacognitive skills, including the habits of enquiry and investigation.

At St Albans Girls' School, Home Learning is an integral part of the curriculum; it is planned and prepared alongside all other programmes of learning. Home Learning tasks are selected ensuring they are appropriate to the age, ability and circumstances of the students. Teachers also make sure that they reflect the research findings that suggest tasks linked to the work completed in school are more effective and where there is feedback linked to home learning, the impact on progress is greater. There is also evidence to suggest that the longer a student spends on a piece of home learning, that it has less impact on their learning. We have tailored our home learning guidance to take this into account.

Each subject has a programme of Home Learning tasks linked to the programme of study. Home Learning can be completed at home but can also be completed at school. The Library Resource Centre (LRC), for example, is open each morning at 8.15am and closes at 4.30pm as well as being open to students at break and lunch time. In addition, many departments will organise after school and lunch time study sessions to help students with their studies. The SEND department runs a Homework Club that is open to all and advertised as part of the Extra-Curricular Clubs and Activities offer at STAGS.

Home Learning for Years 7-13 will be set as per the chart below and outlined in our Home Learning Policy with each task lasting 20 minutes for Year 7, 30 minutes for Year 8 and 40 minutes for Year 9. In Years 10 and 11, each home learning activity should last 60 minutes and in **Sixth Form, students are expected to study one hour independently per hour of the subject taught**. Tasks will be set on Edulink and any necessary materials will be uploaded to Google Classroom with teachers signposting on Edulink if this is the case. Students should be given a minimum of one week to complete tasks. Optional Take it Further tasks offering stretch and challenge are set by departments on Google Classroom. Teachers should not consequence students for non-completion if the work is not set according to this criteria.

YEAR 7 Home Learning activity will take a maximum of 20 minutes to complete

1 Home Learning activity per week - Maths, English and Science

1 Home Learning activity per fortnight - Design & Technology, REP, Art, History, Geography, French and Spanish.



YEAR 8 Home Learning activity will take a maximum of 30 minutes to complete

1 Home Learning activity per week - Maths, English and Science

1 Home Learning activity per fortnight - Design & Technology, REP, Art, History, Geography, French and Spanish.

YEAR 9 Home Learning activity will take a maximum of 40 minutes to complete

1 Home Learning activity per week - Maths, English and Science

1 Home learning activity per fortnight - Design & Technology, REP, Art, History, Geography, French and Spanish.

YEARS 10 & 11 Home Learning activity will take a maximum of 60 minutes to complete

English, Maths, Science and Art will set two Home Learning tasks per week and other examination subjects will set one Home Learning task per week.

Drama students will be set practical rehearsals in the lead up to exam performances and these may require more time.

YEARS 12 & 13 Students are expected to spend approximately 3 hours a day on Home Learning

Post 16 courses impose greater demands than GCSEs and a need for flexible approaches to Home Learning. Students will be expected to record Home Learning/preparation set, and to spend **one hour of independent home-learning per hour of the subject taught**.

Home Learning for Sixth Form will be focused on the following areas in order support time management and organisation:

1. Lesson Consolidation

Completion of Outstanding Tasks

2. Exam Focus

Revision Formatting, Exam Questions, Exam Technique

3. Lesson Preparation

Flipped Learning - Research and Reading and Activity Completion Ahead

4. Subject Notifications

Subject Reviews, Clinic and Intervention Provision, UCAS, Subject Events

5. Study Period and Extension Activities

CareerTalks, Website Activities, Research Outside of the Specification, Articles, News, Competitions, Projects, Further Reading, University Resources, Unifrog Courses, Futurelearn, Moocs, Massolit

