

# A whole-school approach to digital safeguarding & wellbeing

2023 and beyond Atlas MAT Secondary School Parents

#### Lyndsey Vaughton

Education and Wellbeing Training lead Smoothwall

smoothwall<sup>®</sup>

# Welcome



### Physical, mental health and digital risks



#### Bill passage





### Working together to keep children safe



Department for Education Schools, colleges and MATs

H



Parents / carers



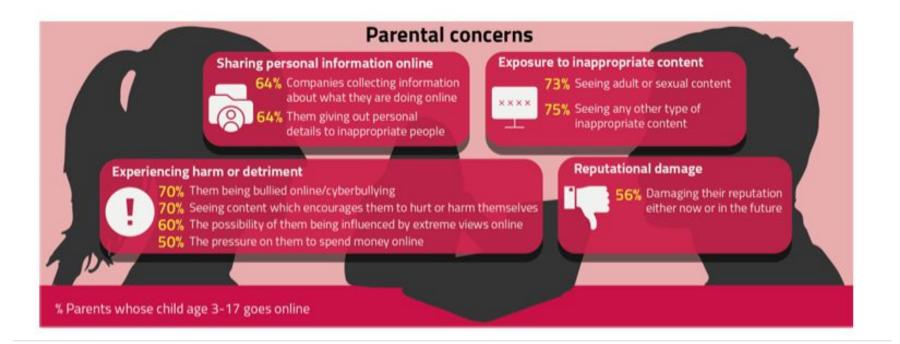
#### Ofcom Children and Parents: Media Use and Attitudes Report

Children and Parents: Media Use and Attitudes

Published 29 March 2023

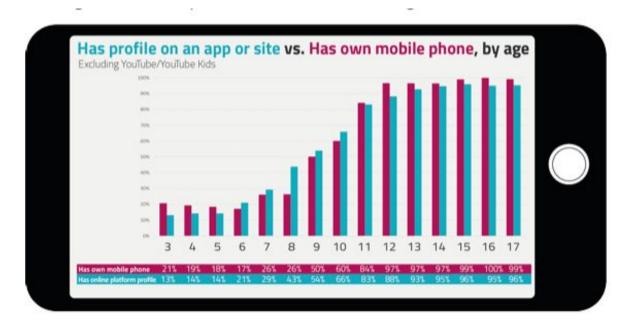


#### **Parents concerns**



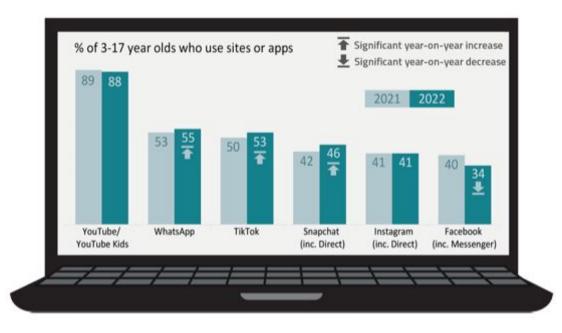


#### Student usage





### What are they doing?





# **Digital Safeguarding**



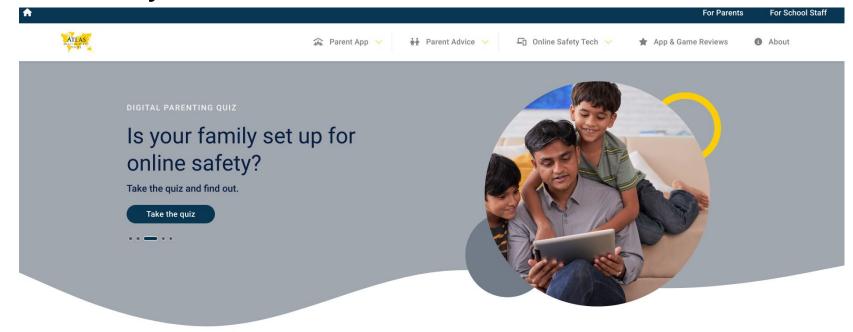
### Skills

Understanding •Privacy and security settings •Location based services •Function of the app •Data sharing •Content and impact this can have on your footprint / image •Functionality of the app •Updates in the app •Knowledge of the device – What can my or my children's device do?



#### Online Safety Hub -

https://atlasmat.onlinesafetyhub.uk/





Family devices

### Family features for your personal devices:

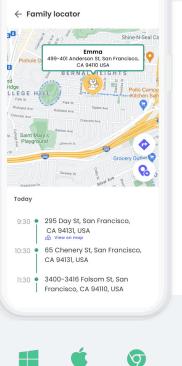
Family-focused digital wellbeing features that adapt to different needs as their child grows

# All the tools parents need

Filter and block feature for content and apps

Time limits and screen-free schedules

Calls & messages tracking to monitor suspicious activity



-----

Visibility on browsing history, social media, and screen time

> Location tracking and panic button feature

(0)

Tailored reports and alerts for inappropriate content

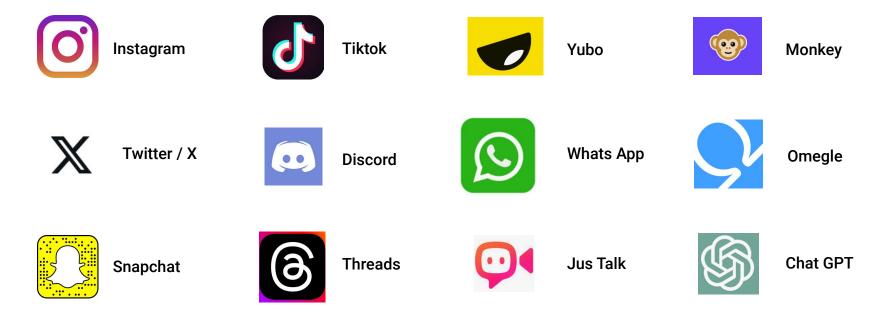
kindle

Kindle

Works on every device you need:



#### Themes and trends - content, contact, conduct and commerce





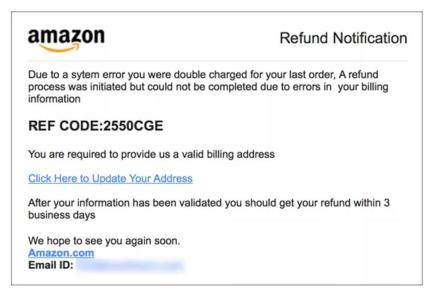
## Spyware





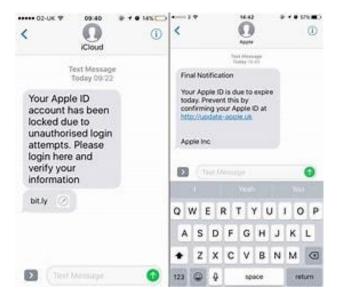


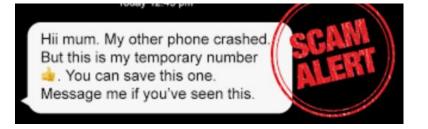
#### Phishing – What would you do?





### Smishing – What would you do?







#### Vishing



#### 🕖 Rest Less

#### Latest scams to watch out for in 2023

Falling victim to a scam can be devastating, both financially and emotionally. Unfortunately, fraudsters are coming up with a growing number... 6 days ago



#### 🧱 City of London Police

#### Silver pound swindlers: UK's senior population lose more than £12.6 million in the last year to courier fraudsters

People over the age of 70 are being disproportionately targeted by courier fraud, new data from the City of London Police reveals.

1 month ago





### TFA Why?



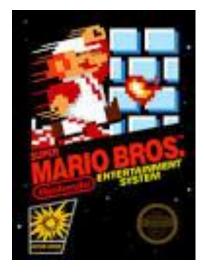






## **Smoothwall** Peer pressure









# **Smoothwall** Pressures for young people



## FOMO

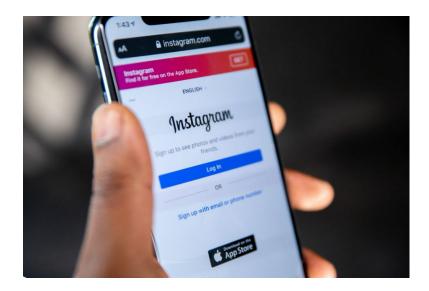








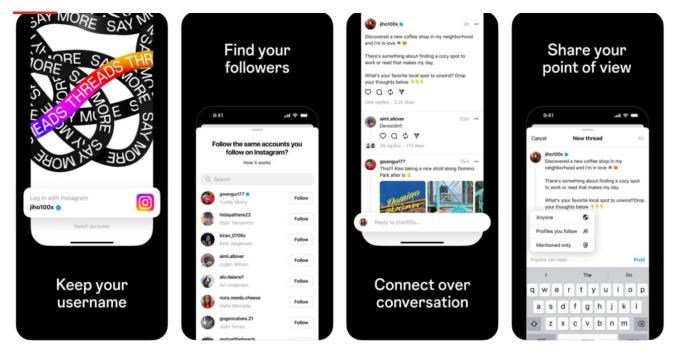
#### Instagram







#### **Insta Threads**







## **Instagram** New Feature – Quiet Mode

8:41		8:41			ad⊽∎	3.41		.al 🗢 🔳
kyia_kayaks ~	⊕ ≡	<	Quiet ma	de		< 2	Jordan Jones in quiet reade	6 C
574 10	018 712	Setup					121.00	
	swers Following	Quiet mode					Thanks again for every	thing
Marques Grownlee		Well packer with balls reply to "to quiet most	to and phone in during the	ga your ata climicyza s	to and alto-	1	you are the best!	0.00
all transformer. From traly living in California		1.000000000					Lot	s go again? Best
Edit profile		Turn on automatics	dγ		_		den	ks in the city!
Ħ	囟	From						end the pick you we where there?
		То	9	59	AM		Sure, Such a magical s	pot
16 C		You can turn it on for	10	00	PM	10	~	
Careford Barriel	173		33.	01 02			2	
					_			
								1
						Ð		
ALC P						100	tinz	yayi You awakei
NIR THE STORE						kpin.hr	yeaks wear's not it to about the	es menseg historia i t
							hey're in quiet medie. Ture of	e cp. let reade
A Q 🗇	0 0					🛈 Mi	alage	00



# Snapchat - New Feature - Snapchat Meet up / Snapchat+



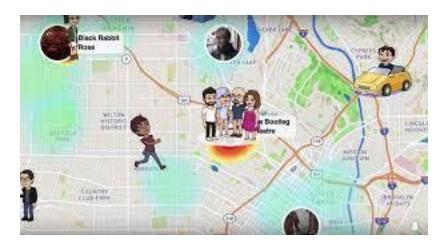
#### What is Snapchat+?

As a Snapchat+ subscriber, you can get exclusive, experimental, and pre-release features for \$3.99 USD per month! These features enhance and customize your Snapchat experience, enabling you to dive deeper into the parts of the app you use the most Plus, you can peep cool new features before anyone else!

#### Get these exclusive features with Snapchat+:

- Ghost Trails on the Map
- Best Friends Forever (Pin as #1 Best Friend) 😄
- Story Rewatch Indicator 00
- Custom App Icons/Themes (Android: coming soon) (1)
- Snapchat+ Badge O
- 🔹 Friend Solar System 🔌

We're always finding inspiration for new features to make Snapchat more fun for you, so stay tuned!











### How does My Eyes Only work?

My Eyes Only is for Snaps that you want to keep extra private!

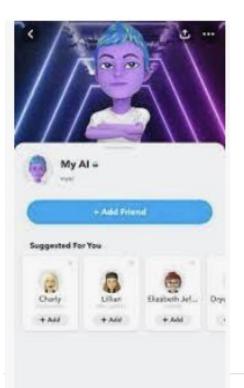
You can move Snaps and Stories in your Memories to My Eyes Only – then you can only see them after you enter your passcode

To view My Eyes only, swipe up from the camera screen to open Memories, then swipe left to the My Eyes Only tab and enter your passcode.

▲ Important: You can only access your Snaps and Stories in My Eyes Only by entering your passcode! If you forget your passcode, Team Snapchat cannot help you access or recover Snaps in My Eyes Only.

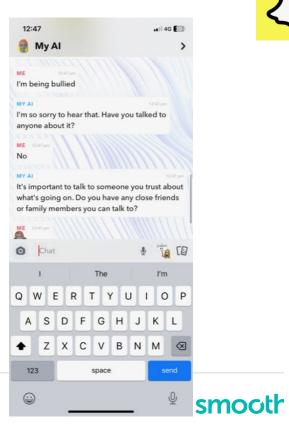


# **Snapchat -** My AI – Things to think about



٤

12:44	.III 4G 🚺					
Chat	+2					
My Al ➢ Screenshot - 1m	<u>ه</u>					
Ross Jones Joined From Contacts	×					
Team Snapchat	Q					
View Friendship						
Manage Friendship	>					
Avatar Settings	>					
Chat Settings	>					
Story Settings	>					
Location Settings	>					
Privacy Settings	>					
Send Profile To	D					
Done						







smooth

# Whats App – Things to think about

15:38		15:38				all 🗟 🔂
< Pri	ivacy	Privac	y	Profile Photo	•	
Last Seen & Online	Nobody, Everyone >	Everyon	e			
Profile Photo	Nobody >	My Cont	acts			
About	Nobody >	My Cont	acts Exc	ept		>
Groups	My Contacts >	Nobody				$\checkmark$
Status	My Contacts >					
Live Location	None >					
List of chats where you are sh	naring your live location.					
Blocked	9 contacts >					
List of contacts you have bloc	cked.					
DISAPPEARING MESSAGES						
Default Message Timer	Off >					
Start new chats with disappea your timer.	aring messages set to					
Read Receipts						
If you turn off read receipts, y receipts from other people. Re group chats.	rou won't be able to see read ead receipts are always sent for					
	munities Chats Settings	(O) Status	Calls	Communities	Q Chats	Settings

Арр	2:04	all 奈 (	1
	< Priv	acy	
	Privacy Checku Control your priva right settings for Start checkup	acy and choose the	×
	Last Seen & Online	Nobody, Everyone	>
	Profile Photo	Nobody	>
	About	Nobody	>
	Groups	My Contacts	>
	Status	My Contacts	>
	Live Location	None	>
	List of chats where you are sha	ring your live location.	
	Calls		>
	Blocked	10 contacts	>
	List of contacts you have block	ed.	
	DISAPPEARING MESSAGES		

000

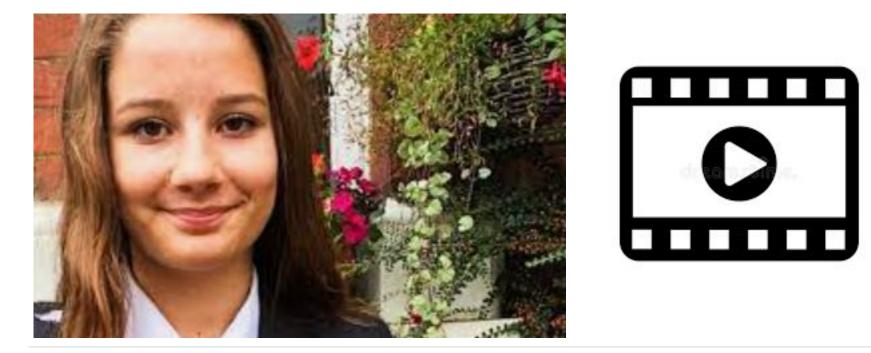
 $\bigcirc$ 

S





#### **Algorithms**





#### **Chat GPT**

# **Chat GPT Online**

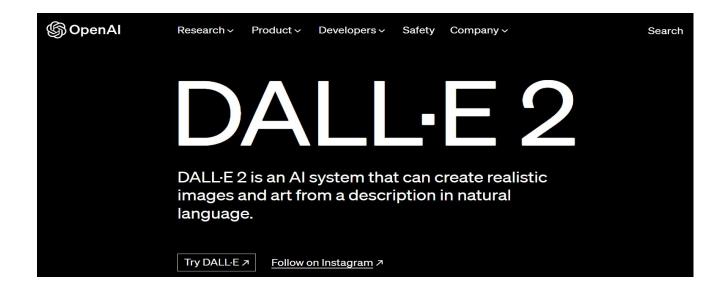
Advanced AI Chatbot powered by ChatGPT API

Try on official website

Try here (online tool)



#### Dall:e2





#### Fake news



https://youtu.be/wq-kmFCrF5Q



## Deep fakes



smoothwall<sup>®</sup>

### **Abbreviations**

- KMN
- 420
- LMAO
- IYKYK
- DOC
- NIFOC
- 1437



### **Abbreviations**

- **KMN** = Kill me now
- **420** = Code for cannibis
- LMAO= Laughing my a\*\*e off
- **IYKYK** = If you know you know
- **DOC** = Drug of choice
- **NIFOC** = Naked in front of camera
- **1437**= I love you forever



### **Digital Reputation**

Lyndsey Vaughton– Work Lyndsey Vaughton – School Lyndsey Vaughton– Hobbies Lyndsey Vaughton – Communities



#### Sharenting









# Resources



#### **Report harmful content**





#### CEOP





#### **Report Remove**

# HOW TO GET YOUR IMAGE REMOVED

If you're under 18 and a nude image or video of you has been shared online, you can report it and to be removed from the internet. You'll need to:

- Select your age and follow the steps below.
- Create a Childline account so we can send you updates on your report.
- Report your image or video to the Internet Watch Foundation (IWF).



Nude image of you online? We can help take it down.









# Thank you!

# Lyndsey Vaughton Education and Wellbeing training lead

